

WHAT IS CLAIMED IS:

1. A reference device for conducting a multi-component competition, comprising, in combination:

5 a set of first indicia corresponding to components of a competition;

a set of second indicia corresponding to a status of a competition condition; and

10 a display surface comprising a plurality of divisions, at least two of said plurality of divisions having said first indicia, at least one of said plurality of divisions having said second indicia.

2. The device of Claim 1, said components are weight categories, said set of first indicia comprises numbers
15 corresponding to said weight categories.

3. The device of Claim 2, said status of said competition condition corresponds to a choice of wrestling position, said set of second indicia comprises a first pattern and a second
20 pattern.

4. The device of Claim 3, each of said plurality of divisions is adjacent to no more than two other divisions, said first indicia of adjacent divisions correspond to sequential
25 weight categories.

5. The device of Claim 4 wherein said display surface comprises an exterior surface of a generally right polygonal prism having a first base, a second base, and a plurality of
30 lateral faces.

6. The device of Claim 5, each face of said plurality of lateral faces comprising a single division of said plurality of divisions, each said division having one of said first pattern and said second pattern being proximate said first base and the
5 other of said first pattern and said second pattern being proximate said second base.

7. The device of Claim 6, said first base having said first pattern, said second base having said second pattern.

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8. The device of Claim 4, further comprising a wristband having an inside surface, an outside surface, a first edge, and a second edge, said display surface is positioned on said wristband so that at least one of said plurality of divisions is
15 visible to a wearer of said wristband.

9. The device of Claim 8, each of said plurality of divisions having one of said first pattern and said second pattern being proximate said first edge of said wristband and
20 the other of said first pattern and said second pattern being proximate said second edge of said wristband.

10. The device of Claim 9, further comprising a legend positioned on said outer surface of said wristband for
25 distinguishing said first edge of said wristband from said second edge of said wristband

11. The device of Claim 8, further comprising an indicator for indicating at least one of said plurality of divisions.

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12. The device of Claim 3, said first pattern comprises a first color, said second pattern comprises a second color.

13. The device of Claim 12, said first color is red, said second color is green.

5 14. A method of conducting a wrestling competition, comprising the steps of:

providing a reference device, comprising, in combination:

10 a set of first indicia corresponding to components of a competition, said components are weight categories, said set of first indicia comprises numbers corresponding to said weight categories;

a set of second indicia corresponding to a choice of wrestling position, said set of second indicia comprises a first pattern and a second pattern; and

15 a display surface comprising a plurality of divisions, at least two of said plurality of divisions having said first indicia, at least one of said plurality of divisions having said second indicia, each of said plurality of divisions is adjacent to no more than two other divisions, said first indicia of adjacent divisions correspond to sequential weight categories;

20 selecting one division of said plurality of divisions of said reference device;

reading a value of one of said first indicia and said second indicia of said selected division; and

25 conducting said competition as a result of said reading.

15. The method of Claim 14, said reading is performed on said first indicia of said selected division for determining a weight category, said conducting comprises beginning a match
30 between competitors of said determined weight category.

16. The method of Claim 14, said reading is performed on said second indicia of said selected division for determining choice of wrestling position, said conducting comprises giving a competitor choice of wrestling position.

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17. The method of Claim 16, said reference device further comprising a first side having said first pattern and a second side having said second pattern, further comprising the step of visually communicating said reading value by displaying one of
10 said first side and said second side.

18. The method of Claim 14, wherein said display surface of said reference device comprises an exterior surface of a generally right polygonal prism having a first base, a second
15 base, and a plurality of lateral faces, each face of said plurality of lateral faces comprising a single division of said plurality of divisions, each said division having one of said first pattern and said second pattern being proximate said first base and the other of said first pattern and said second pattern
20 being proximate said second base, further comprising the steps of:

determining an initial weight category;

determining an initial one of said first pattern and said second pattern;

25 locating one division of said plurality of divisions having said first indicia corresponding to said initial weight category; and

orienting said reference device so that said lateral faces are generally vertical and said initial one of said first
30 pattern and said second pattern is positioned at the top of said located division.

19. The method of Claim 18, said competition having a preferred sequence of weight categories and further having a sequence of matches, said selecting comprises the steps of:

5 locating a current division having a first indicia in conformity with a weight category of a current match of said tournament; and

selecting a division adjacent to said current division having a first indicia corresponding to the next weight category of said preferred sequence of weight categories,

10 said reading is performed on the top said second indicia of said selected division for determining choice of wrestling position,

said conducting comprises the steps of:

15 starting a match corresponding to said next weight category; and

giving a competitor choice of wrestling position in conformity with said reading.

20 20. A method of initiating a competition, comprising the steps of:

providing a reference device comprising, in combination:
a set of indicia corresponding to weight categories of a competition; and

25 a display surface comprising a plurality of divisions, at least two of said plurality of divisions having said indicia, said display surface comprises an exterior surface of a generally right polygonal prism having a plurality of lateral faces, each face of said plurality of lateral faces comprising a single division of said plurality of divisions,

30 rolling said reference device on a surface with lateral portions of said reference device making contact with said surface;

selecting a resting face of said plurality of lateral faces, said resting face contacting said surface when said rolling ends; and

reading a value of said indicia of said resting face to
5 determine a starting weight category for said competition.